

# Cameron Grund, RN BSN

---

*Passionate change-maker pursuing a career that will use her education and training to have a positive impact on the world. Proven success in emergency department nursing, public health, community building, content creation, planetary health/sustainability, and diversity/equity/inclusion advancement.*

## **PROFESSIONAL EXPERIENCE**

---

### **Mayo Clinic Emergency Department Registered Nurse**

**Mankato, MN**

*July, 2023–November, 2023*

- Successfully proven ability in nursing orientation and deemed safe to perform nursing duties independently after a month and a half of orientation (typical orientation is 3-4 months).
- Actively served community members suffering mental health disorders by proactively choosing to accept work shifts in the Emergency Department Behavioral Health Unit and educated, coached, and developed therapeutic relationships with patients suffering mental health illness in this setting.
- Regularly assisted fellow nursing staff to assist with a pediatric patient intervention such as inserting a peripheral intravenous catheter in a calm and trauma-informed format.

### **University of Minnesota-Twin Cities Undergraduate Research Assistant**

**Minneapolis, MN**

*July 2017–August 2020*

- Administered cognitive assessments (example: Montreal Cognitive Assessment) to geriatric clinical research volunteers.
- Facilitated cardiac stress tests (assessment of ability to participate, educate, 12 lead electrocardiogram placements, dynamic orthostatic blood pressure) to geriatric clinical research volunteers.
- Computed data from paper copies onto a digital organizing platform for performing statistical analysis using the data program, RedCap.
- Recruited volunteers for research participation on the street at the Minnesota State Fair

### **Camp Robindel for Girls Nurse Student Lead**

**Moultonborough, NH**

*May 2019–August 2022 (seasonal)*

- During the first summer of working, coached, motivated, empowered, and guided two to six-year-old girls as a nanny for the camp director's daughters and camp counselor for the youngest cabin of the campers.
- During the second and third summers, arranged, organized and monitored a rural health clinic in Moultonborough, New Hampshire, United States for international summer campers and summer camp staff (and their family members) throughout the lifespan.
- Administered medical care and assisted in public health initiatives, such as implementing the COVID-19 protocol and providing Narcan to the local area

### **University of Minnesota IPE Scholars Program IPE Scholar**

**Minneapolis, MN**

*July, 2023–November, 2023*

- Led and managed the installation of the IP Student Garden on the University of Minnesota-Twin Cities health science campus
- Participated in the [Itasca Ecohealth IPE Experience](#) and collaborated with other interprofessional health students to attempt solving health inequity issues we face in Minnesota such as rural health

disparities, indigenous social determinants of health, and pollution related to unsafe agricultural practices and fracking.

- Researched and produced an informational handout for future healthcare providers for how to better provide LGBTQIA+ appropriate healthcare

## EDUCATION

---

### **UNIVERSITY OF MINNESOTA-TWIN CITIES**

**Bachelor of Science in Nursing, minor in Public Health, and formal distinction in Interprofessional Education**

**GPA: 3.858/4.0**

**Clinical Sites:** Clinical location units include **Adult Inpatient Psychology at University of Minnesota-Riverside** (56 hours in-person), **Surgical Cardiology at University of Minnesota-East Bank** (56 hours in-person), **Public Health Clinical** (30 hours online), **Postpartum at Regions Hospital** (56 hours in-person), **Pediatric Medical Surgical at Children's Minnesota** (88 hours in-person), and senior capstone in the **Pediatric Intensive Care Unit at Children's Minnesota** (180 hours in-person)

**Minneapolis, MN**

*September 2019-May 2023*

### **Extracurriculars:**

#### **-Enlisted in Physicians for Social Responsibility Climate and Health Next**

**Generation Ambassador Program**, which included producing digital advocacy work like the dangers of Perfluoroalkyl and Polyfluoroalkyl Substances (PFAs), how to transition from dangerous gas-stovetops, and finished by creating a short educational video for pediatric populations and their caregivers about climate anxiety to help mitigate the symptoms of climate anxiety to help foster more resilience in our global climate crisis battle.

**-Founded Gophers Loving Mama Earth** (Instagram: @gopherslovingmamaearth) which is an intersectional grassroots initiative to encourage systematic climate justice by picking up refuse. Together. In total, hosted events with approximately 25 students and collected approximately 1,125lbs (510kgs) of refuse from the Mississippi River bed.

**-Volunteered at Northpoint Health and Wellness Center** providing culturally-competent care to low-income community members in Minneapolis, Minnesota and speaking Spanish to Spanish-speaking patients to direct them to their medical appointments. Advocated for harm reduction care in the ongoing endemic of fentanyl overdose and provided Fentanyl test kits and Narcan to community members seeking this service.

## **SKILLS & CERTIFICATIONS**

---

### **Skills**

- Fluent in English and working knowledge of Spanish in a medical setting
- Storytelling, empathy, writing, videography, creativity, advocacy, motivational interviewing, research

### **Certifications and Licences**

- **Minnesota Board of Nursing Registered Nurse License**
  - *License Number:* 2517219
  - *Expiration Date:* 21/10/2024
- **Advanced Care Life Support** 2023
- **Pediatric Advanced Life Support** 2023
- **Amnesty International's "The Rights of Refugees" Certification of Participation** 28/02/2024
- **Diagnosis Coding: Using the ICD-10-CM** 2023
- **Basic Life Support for Healthcare Providers** 2023
- **COVID-19 Vaccine and Pandemic Planning** 2020